



BULLYING

Colin Alesse
Troop 235
Mount Prospect, IL

Bullying vs. Scouting

What does it look like?

Video - You're Not Alone

<http://www.pacer.org/bullying/video/player.asp?video=58>

Video - What Bullying Is

<http://www.pacer.org/bullying/video/player.asp?video=43>

Video - How Bullying Feels

<http://www.pacer.org/bullying/video/player.asp?video=40>

Bullying

- Teasing
- Harassing
- Pushing
- Hurting
- Hitting
- Taking things
- Trashing things
- Ignoring
- Drama
- Online (Cyber Bullying)
- One on One
- In Groups

Scout Law

- Trustworthy
- Loyal
- Helpful
- Friendly
- Courteous
- Kind
- Obedient
- Cheerful
- Thrifty
- Brave
- Clean
- Reverent



Is it happening to you?

1. Know That You're Not alone
2. Be a Self-advocate
3. Assert your Rights

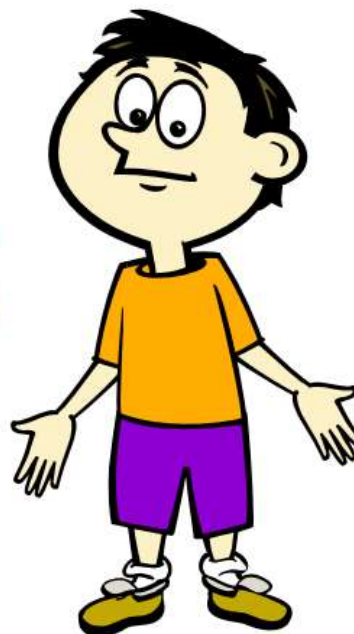


If You See Bullying

What can you do?

You know the feeling. You see someone being bullied and you feel scared. Or mad. Or sad. Or helpless. You might wonder what you can do to help. Did you know you're not alone? A lot of kids feel that way about bullying.

There are lots of things you can do to help. You could try reaching out as a friend to someone who has been bullied, or standing up for someone by defending them and telling the bully what they are doing is not ok. There are lots of options. Do what feels safe to you. Do what feels ok to you.



What can you do?

Ask the kid who is bullying to stop.

Why does this help?

Sometimes kids don't realize that what they are doing is hurting someone else. Speaking out against bullying helps everyone.



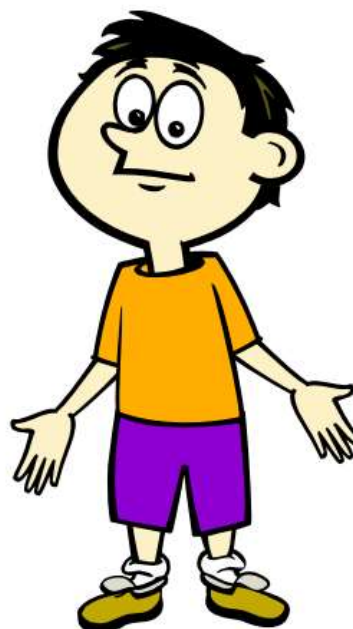
If You See Bullying

What can you do?

Not join in.

Why does this help?

Someone who bullies often likes an audience, it makes it more fun for them. If you ignore the bullying, it shows them it's not cool. Be a kid against bullying.



What can you do?

Help get them away from the situation.

Why does this help?

It is easy for someone to be bullied when no one sticks up for them. Be a friend. Walk with them to class, play with them on the playground, and let them know they're not alone.



If You See Bullying

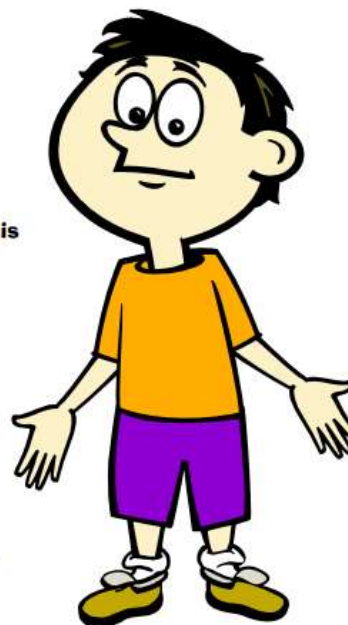
What can you do?

Tell an adult.

Why does this help?

Adults really do care. They are the ones that can enforce the rules. It can be done while the bullying is happening or after.

Remember: telling is NOT tattling, it is done to help someone.



What can you do?

Let them know that no one deserves to be bullied.

Why does this help?

Kids who are bullied often feel alone, like no one cares, like it might even be their fault. Let them know that someone cares.



If You See Bullying

What can you do?

Ask others to stand against bullying

Why does this help?

When kids stick together and don't accept bullying, they can change what has happened to so many for so long. Together we can make a difference.



What can you do?

Ask your school to start a bullying prevention program

Why does this help?

Everyone at your school needs to know what to do to prevent bullying. The end of bullying begins with you.



If You See Bullying

You can change what is happening!

Even a small act helps make a difference. When kids stand together against bullying, they can make their classroom, their school, where they live and even the world a better place!



The End of Bullying Begins with You!



PACER.org/Bullying



PACERTeensAgainstBullying.org



PACERKidsAgainstBullying.org

New design launching in Fall 2012!

START USING OUR WEBSITES

Access the free, creative tools that can really make a difference if you download them to use where you live.

- Find incredible resources for parents, teachers, and other adults at PACER.org/Bullying
- Check out all of the cool, edgy, interactive teen resources at PACERTeensAgainstBullying.org
- Make the most of fun, age-appropriate activities for elementary school at PACERKidsAgainstBullying.org

SHARE YOUR STORY

We want to hear from you. Send your story, picture, song, video or poem to Bullying411@PACER.org and tell us how you overcame a bullying situation or helped someone else do the same.

SHOW THAT YOU CARE

Tell us why you care about this issue and join with thousands of others around the world by signing PACER's online petition: "The End of Bullying Begins with Me!" at PACER.org/Bullying/digitalpetition

SPEAK OUT IN OCTOBER

You need to take action and October is an ideal time to start. It's National Bullying Prevention Month and it makes an impact all across America. You can make it even bigger in your school, your community, and online by getting your friends involved.

- **Ellen DeGeneres wore orange on Unity Day and you can, too.** Order the official T-shirt at PACER.org/Bullying/nbpm so your community can "Make it Orange, Make it End!"
- **Do a Run, Walk, Roll Against Bullying event on your home turf.** It's easy, it's fun, and you'll be supporting a great cause. We've even got a free toolkit at PACER.org/Bullying to help you do it.
- **Educate others on bullying prevention.** Use the lesson plans, classroom toolkits, and other creative resources in your school.

SUPPORT THE CAUSE

We can't do it without you. People all over the country hold fundraisers, stage special events, and give generously. We hope you will do the same. Go to PACER.org/Bullying for ideas on what you can do.